

INDIANA



Amount of Required Physical Education: The state requires students to take physical education in grades K-8,¹⁰¹ but does not specify a minimum number of minutes. Students are also required to take physical education in grade 9 and earn physical education credit for high school graduation.

Physical Education Equipment and Facilities: The state does not annually assess the availability of appropriate equipment and adequate facilities for students to engage in required physical education instruction.

High School Graduation Requirements: The state requires Physical Education I and II (2.0 credits total) for graduation.¹⁰²

Substitutions: The state permits local school boards to recognize a student's training and experience in the U.S. armed forces (e.g., Basic Training) as meeting the 2.0 required physical education credits.¹⁰³ In addition, students may substitute other activities for required physical education if these activities are part of the independent learning course developed for them by a teacher.

Exemptions/Waivers: The state does not permit schools or school districts to apply for a waiver from the state physical education requirements. The state does not allow students to apply for an exemption from physical education class time or credit.

Physical Activity: The state requires the "governing body of each school corporation" to provide daily physical activity for elementary students, which may include recess. No minimum time is specified, and schools may elect not to provide physical activity in the cases of inclement weather or unplanned shortening of the school day.¹⁰⁴ The state does not require a minimum weekly amount of physical activity time for elementary, middle school/junior high, or high school students. Classroom physical activity breaks are not required. The state does not prohibit the use of withholding physical activity, including recess, as punishment for disciplinary reasons, nor does it prohibit the use of physical activity as punishment for inappropriate behavior.

Local School Wellness Policy: The state requires schools or school districts to provide their local school wellness policy to the state education agency and to post it online for the public. The state does not monitor implementation of local school wellness policies.

State Standards: The state has adopted standards for physical education with which all school districts must comply. [The Indiana Academic Standards](#) were last updated in 2010.

Areas addressed in the state standards include:

National Standard 1: Competency in a variety of motor skills and movement patterns

National Standard 2: Knowledge of concepts, principles, strategies and tactics related to movement and performance

National Standard 3: Knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness

National Standard 4: Responsible personal and social behavior that respects self and others

National Standard 5: Value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Other: Students participate regularly in physical activity

State Curriculum: The state requires physical fitness to be part of state schools' curricula.¹⁰⁵ The state requires use of a curriculum aligned with the state standards, but does not require the use of specific curricula for elementary, middle school/junior high or high school physical education. Curricula decisions are made at the local level. The state has promoted lesson plans or learning activities for physical education to schools or school district in the past year. It has also promoted use of the Physical Education Curriculum Analysis Tool (PECAT).

State Funding for Physical Education Programs: School district appropriations fund the state's physical education programs in school districts and schools. No additional funding is available for physical education programs.

Class Size: The state does not have a required student-teacher ratio for academic classes.

Grade Point Average (GPA): The state includes physical education grades in a student's GPA.

Online Physical Education Courses: The state allows students to earn required physical education credits through online physical education courses.

Student Assessment Requirements: The state does not require standardized student assessment in physical education.

Fitness Assessment: The state does not require student physical fitness assessment.

Body Mass Index (BMI): The state does not require schools to collect student BMI or height and weight.

Certification/Licensure of Physical Education Teachers:

The state requires physical education teachers to be state certified/licensed and endorsed to teach physical education at the elementary, middle school/junior high and high school levels, as well as online classes.¹⁰⁶ It also requires physical education teachers to pass a physical education certificate/licensure exam before they are endorsed to teach physical education. Elementary classroom teachers (generalists) are allowed to teach required elementary school physical education classes.

Professional Development of Physical Education Teachers:

Professional development is required in order to maintain/renew one's physical education teacher certification or licensure, and this professional development must be on physical education topics. The state does not provide professional development events or funding specifically for physical education teachers.

Teacher Evaluation: The state has a teacher evaluation system for all teachers.

National Board Certification: The state supports the National Board Certification process and provides or facilitates mentoring for teachers going through the process.

District Physical Education Coordinator: The state does not require each school district to have a licensed physical educator serving as a physical education coordinator. It does have designated staffing (<0.5 FTE) to oversee implementation, compliance, technical assistance, or monitoring of physical education programs in school districts and schools.

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101 Ind. Code § 20-30-5-7 (2016); 511 Ind. Admin. Code 6.1-5-2.6 (2015); 511 Ind. Admin. Code 6.1-5-3.6 (2015).

102 511 Ind. Admin. Code 6-7.1-4 (2015) minimum required and elective credits.

103 511 Ind. Admin. Code 6-7-9 (2016) Military experience; 511 Ind. Admin. Code 6-7.1-9 (2015).

104 Ind. Code § 20-30-5-7.5 (2016) Daily physical activity.

105 Ind. Code § 20-30-5-7 (2016).

106 515 Ind. Admin. Code 8-1-29.1 (2015); 511 Ind. Admin. Code 15-6-17 (2015).